

MANLY


# Help feed our doctors and nurses during coronavirus pandemic

Mums on the northern beaches have come up with a clever way of supporting exhausted medics on the coronavirus frontline, as well as helping local businesses.

Julie Cross, Manly Daily

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 Lizzie Wall and Cate Brockbank, a registered nurse at Northern Beaches Hospital taken outside Corella Fine Foods in Warriewood. Picture: Julian Andrews.

A group of mums on the northern beaches have come up with a clever way of helping exhausted hospital medics during the COVID-19 crisis.

Using a crowd-funding platform they have raised more than \$5000 from the community to provide nutritious lunches and dinners for those working at Northern Beaches Hospital and Mona Vale Hospital.

The meals will be provided by struggling cafes and restaurants, so helping boost the local economy.




 Nurses at Mona Vale Hospital receiving goodies from the community. Picture: Supplied.

Lizzie Wall, 41, of Warriewood, said it was about giving the community the opportunity to say thank you to the hardworking hospital staff as well as helping local businesses.

“It’s a way for the community to show they are thinking of the hardworking staff,” Ms Wall said.



 Taryn Pearce, Director of Corella Fine Foods in Warriewood is providing food for a community campaign to buy meals for busy doctors and nurses. Picture: Julian Andrews.

Fellow mum Joeline Hackman, of Manly, has seen the stress and exhaustion her husband Greg, an anaesthetist, is experiencing every day.

She knows many doctors and nurses are working long shifts and don't have time to get to the shops, let alone prepare nutritious meals.



Joeline Hackman at Mona Vale Hospital delivering some food to the workers. Picture: Sam Ruttyn

“With supermarket shelves being empty and deliveries coming in a week’s time, I thought: ‘How are these people doing 12-hour shifts, five or six days running and able to plan their food and be well nourished?’

“I feel so humbled by the fact that nurses doing long shifts are at increased risk to themselves and their families to go and support people at risk from this pandemic. I feel at times like this, you have to act.”

Friends Kirsty Gardiner and Stevie Hooper are also behind Feed Our Medics on GoFundMe.

Last week meals and food were delivered to health workers at both hospitals with meals being prepared at the Tramshed Narrabeen and Corella Catering in Warriewood.

To donate go to: <https://au.gofundme.com/f/feed-our-medics-australia>