

About the Northern Beaches Hospital Wig Library

The Northern Beaches Hospital Wig Library is available because of the generous support of Dee Why RSL, Northern Beaches Community Cancer Charity, Rotary Club of St Ives and the NSW Cancer Council.

Who can use the library?

It is available women from the Northern Beaches area (both public and private patients). Feel free to reach out for an appointment look at headwear.

Call us on 9105 5090.

Access

Patients or families are encouraged to make a \$50 donation to help continue funding for this vital service.

Donations can be made through the Northern Beaches Community Cancer Charity. Simply scan the QR code or go to www.nbccc.org.au



Northern Beaches
Hospital
by Healthscope

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Northern Beaches Hospital Wig Library

Wig Borrowing &
Care Information

Wig Library

BORROWING A WIG

Each patient borrowing from our wig library will be supplied with:

- ✓ A bag for transporting their wig
- ✓ A wig stand
- ✓ A specialised wig shampoo
- ✓ A specialised wig conditioner
- ✓ A brush
- ✓ Care Instructions

Wigs may be borrowed for up to 12 months (extensions possible). Bookings recommended
02 9105 5090

Where to find us:

Northern Beaches Wig Library
Day Medical Unit
Ground Level, Northern Beaches Hospital
02 9105 5090

What to expect during a wig fitting appointment:

- ✓ A private and personalised fitting will be provided by a trained volunteer
- ✓ Each appointment will take approximately 30 minutes
- ✓ Each patient can borrow one wig for up to 12 months (extensions available)

Note:

- × Wigs are not available for sale
- × **Wigs from the library cannot be trimmed, cut or coloured**

Fitting & Care

CLEANING YOUR WIG

Proper wig and hair care is essential in maintaining the condition of your borrowed wig.

General advice

- ✓ We advise you to wash your wig every 10 to 15 wears.
- ✓ Do not use regular shampoos.
- ✓ We have provided you with a specially formulated shampoo for the care of your wig. It will gently clean and refresh your wig making it shiny, more manageable and giving it more body

How to wash your wig

1. Brush the wig gently with the provided brush. If your wig is curly, use your fingers to detangle it. **DO NOT brush wet wigs.**
2. Wash wig in **tepid** water with one pump of shampoo. **DO NOT rub hair as it may cause tangling.**
3. Rinse with tepid water.
4. Gently squeeze out the water. Do not twist or rub.
5. Place wig in a towel and gently 'blot' dry. Never rub or shake vigorously.
6. Place on your stand to dry. **DO NOT DRY IN HOT SUN**
7. Spray damp with leave in conditioner and allow to dry.

THE DO'S AND DONT'S OF WIG CARE

Do

- ✓ Use professional wig care products designed specifically for wigs
- ✓ Store your wig on your wig stand when not in use.
- ✓ Be cautious when standing near a heat source (eg open oven, heater etc) as excessive heat may damage the fibre.

Don't

- × Don't use regular shampoo
- × Don't dry your wig artificially or use heat activated styling aids, e.g. blow dryers, hot rollers, hot tongs, etc
- × Don't expose your wig to radiated heat, e.g. open fire or naked flame outdoor heaters
- × Don't brush your wig when it's wet.

