

Location

The Early Pregnancy Assessment Service (EPAS) is located within the outpatients clinic at Northern Beaches Hospital.

EPAS Hours

Outpatient Clinic: Monday - Friday 8:00am-1:00pm

Contact Numbers

- **Emergency Department: (02) 9105 5000 (Outside EPAS Clinic Hours)**
- **Outpatient Clinic Front Desk (02) 9105 5520 (Clinic hours 8:00am—1:00pm)**
- **Email: nbhepas@healthscope.com.au**

Patients referred to EPAS will receive a phone call by 11am the next day. If you have not received a call, please call the above phone number. Patients can self-refer or attend with a GP referral. If your condition changes before attending EPAS, such as increased pain or bleeding, please attend the NBH Emergency Department.



105 Frenchs Forest Road (West),
Frenchs Forest NSW 2086
Phone: (02) 9105 5020
nbh@healthscope.com.au



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Early pregnancy assessment service

Northern Beaches
Outpatient Clinic



Early Pregnancy

Assessment Service (EPAS)

EPAS is a low risk outpatient, walk-in clinic for women who are experiencing vaginal spotting and/or lower abdominal discomfort prior to 20 weeks gestation. We also manage women who require monitoring following treatment of ectopic or molar pregnancy. The care provided will meet the clinical, emotional and social needs of the individual woman and her partner. Care is provided with respect, dignity and sensitivity. Patients can self-present to EPAS or attend with a referral from their GP. If attending with a referral, please bring with you any results or imaging reports that are available.

What to bring

- Medicare Card
- Any blood or ultrasound results relevant to your pregnancy

Please be advised that due to scheduling constraints, some services may not take place on the same day as your initial presentation.

Prompt assessment and management will be provided upon initial presentation.

What will happen

On arrival a midwife will provide you with reassurance and manage your care in EPAS. Any necessary investigations, referrals and follow up care will be arranged.

The Obstetrics/Gynaecology Registrar is available for further management if necessary.

Blood collection is an important investigation for certain management. Request forms will be provided as required.

Ultrasound is an integral diagnostic tool when determining the cause of pain and/or bleeding during pregnancy.

Results

When all of the results are available, the midwife or registrar will discuss them with you and develop an individualised management plan with you

Follow up care

The midwife or registrar will arrange any further investigations or appointments for you as required. Follow up care can be provided either through a face to face consult or over the phone, or you may choose to have your care managed by your local GP.

A letter will be provided to your local GP regarding your EPAS presentation, investigations and management. A copy of your results can be forwarded to your local GP upon request. At the EPAS clinic, we aim to provide you with a quality and holistic style of care. Referrals can be provided for emotional support and/or counselling as required. Other services are provided onsite including the Gidget Foundation.



Important Information

- Be prepared to stay up to 4 hours
- If possible, do not bring children
- Bring a partner, friend or relative if possible
- If your condition worsens, please go to the Emergency Department
- You are not required to fast prior to attending EPAS. However, if surgery is required, a fast time of 6 hours prior to surgery will be required
- Please be advised that due to scheduling constraints, some services may not take place on the same day as your initial presentation.