



Dr Sarah Woodbury

MBBS, FRANZCOG

**Obstetrician and
Gynaecologist**

**To arrange an appointment
with Dr Sarah Woodbury,
please contact:**

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Dr Sarah Woodbury is well known as a highly accomplished yet warm, down to earth wife and working mother with over a decade of experience as one of Sydney's popular Obstetricians. She grew up on the Northern Beaches dreaming from the time she was eight about being a doctor. She studied hard and trained in one of the toughest environments for Obstetrics in Sydney Westmead Hospital.

Sarah is the only female obstetrician on the northern beaches and is proud that she has one of the lowest caesarean sections rates on the North Shore. She also has a special interest in risk management and preventative practices.

Sarah loves getting to know her patients and delivering a smooth predictable pregnancy for them. Her ability to stay calm under pressure is an essential quality to ensure best practice and relaxed outcome which relates to her personal philosophy of healthy mum, healthy bub and holistic approach to pregnancy and birth.

Sarah has supported hundreds of mothers and fathers from early pregnancy, birth and post birth. Her experience and excellent track records for delivering thousands of beautiful babies safely into the world is reflected with the number of people who return to Sarah for subsequent pregnancies and their referrals of Sarah to their family and friends.

Her patients are her priority giving them practical, organised and supportive care. She has the solutions for pre-birth and birth situations ensuring the best outcomes for physical, psychological and emotional well-being. Sarah's purpose is to empower and guide women through the most crucial of life stages in a way that gives them the utmost confidence and enjoyment.

Sarah thrives on making your pregnancy work for you, your partner and the child. Sarah's main aim is to deliver a healthy baby into the arms of a healthy and happy mother and father to start their new life together.

Northern Beaches Hospital

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