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# Dr Andrew Luo from Northern Beaches Hospital makes an appearance on Ninja Warrior

He's a successful anaesthetist at Northern Beaches Hospital. But now Dr Andrew Luo can officially add ninja to his resume.



**Julie Cross**

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By day he saves lives as a doctor at a Sydney hospital and by night he works on his ninja skills.

Meet Dr Andrew Luo, 26, an anaesthetist at Northern Beaches Hospital, who is a contestant on the latest series of Ninja Warrior and undertakes the challenge – in his scrubs.

His first appearance on the prerecorded show is Monday night.

As a doctor working in an intensive care unit helping people at their sickest, he is used to remaining calm in difficult circumstances.



Dr Andrew Luo is an anaesthetist from Northern Beaches Hospital taking part in this year's Ninja Warrior TV show. Picture: Nigel Wright.

He said his day job helped put into perspective his ninja debut, but he still felt a few nerves all the same.

“I felt a few nerves when I got up on stage,” Dr Lou, of Chatswood, said. “But basically it’s just a lot of fun.

“There are no practice runs. When you do the run it’s for the first time.

“They’ve made it harder this year too.”



Dr Andrew Luo is an anaesthetist working with patients in intensive care. Picture: Supplied.

Dr Luo said getting on Ninja Warrior has been a long held dream.

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As a child he watched the original Japanese version Sasuke, then the American version, before Australia started producing its own show.

“When I was growing up it was my favourite TV show,” he said.

“As a child I was also climbing things, in the playground, up trees.

“Now I do bouldering, which is a type of rock climbing.”



Dr Andrew Luo is an anaesthetist from Northern Beaches Hospital taking part in this year's Ninja Warrior TV show. Picture: Nigel Wright.

In the run up to his TV appearance he has been going to special ninja gyms, working on his hand grip strength, upper body, and explosive leg exercises and continuing with his hobby of bouldering.

He said he wanted to wear his scrubs on the show so the public can see the “human face” of the medical profession.

He said it had been a tough year or so for frontline staff, despite Australia “having it easy”, but he wanted to show that medics have other sides to their personalities too.

To see how Dr Luo performs in the show, tune into C9 tonight at 7.30pm.

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